

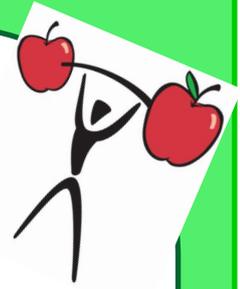


HEALTH DAY

for Men & Women
Tuesday 24th October 2017

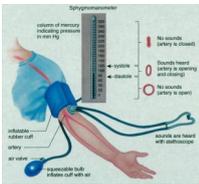
1:00pm to 4:00pm

Maureen Sheehan Centre @ 106 Albert Street

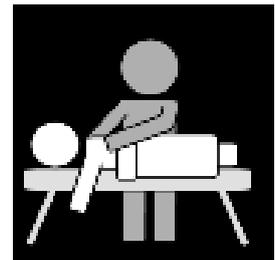


Time to check your health numbers at your local community centre. Come along to the Maureen Sheehan Centre and take advantage of a range of FREE health checks and advice. No appointment necessary, unless you wish to be seen in the Action Cancer Big Bus - simply phone 028 90803344 in advance of the day, or book online at

www.actioncancer.org.



- Height / Weight / BMI
- Cholesterol / Blood Sugar
- Blood Pressure
- Carbon Monoxide testing
- Allergy Testing
- Spine Age Progression
- Breast / Testicular awareness
- Heart Team RVH
- Skin Scanner
- Age Progression
- Complementary Therapies
- Beauty Therapies / Barber
- Nutrition / Dietician



Information & Advice Stalls to include: Neighbourhood Development Association, MacMillan Cancer, Stroke Association and others

Any queries to the H.E.A.R.T. Project on 90310346 or Clan Mor Sure Start on 90327755 or call in to either office.

